

Sacramento Waldorf School

Parent Education Speaker Series

The Evolving Consciousness: Technology, Gender & Sexuality, and the Task of Raising Children in Our Times

The human being has the possibility of continually evolving in consciousness. This talk looks at our current stage of human development, where we have been, where we are headed and how this reflects on the experience of childhood today.

Wednesday, November 7, 7-8:30pm

Sacramento Waldorf School
SWS High School – Room 70
3750 Bannister Road
Fair Oaks, CA 95628
www.sacwaldorf.org



LISA ROMERO is an author of inner development books, a complementary health practitioner and an adult educator who has been offering healthcare and education enriched with anthroposophy since 1993. From 2006 the primary focus of her work has been on teaching inner development and anthroposophical meditation.



Sacramento Waldorf School

Parent Education Speaker Series

Creating a Family Culture – Deep Rhythms: Seedbed of Self-Discipline

In this talk, we will learn how the parents' inner rhythms set the foundation for the outer rhythms of family life. Discussing daily and weekly family rhythms, we will discover how these steady, predictable ways of moving through family life build discipline from the inside out.

Thursday, November 15, 7-8:30pm

Sacramento Waldorf School
San Juan Hall
3750 Bannister Road
Fair Oaks, CA 95628
www.sacwaldorf.org



SHARIFA OPPENHEIMER was the founding teacher of the Charlottesville Waldorf School where she taught kindergarten for twenty-one years. Sharifa travels internationally, offering lectures and workshops to teachers, school and parent groups, encouraging all to discover their own healthy, heartfelt Family Culture. She is the author of the bestselling *Heaven on Earth: A Handbook for Parents of Young Children* (SteinerBooks, 2006). Her new book, *With Stars in their Eyes*, explores current brain research and best practices that support the finest early childhood development. It will be published in the autumn 2018.

